

Indigo Light Network Nine Service Project

To support people personally and the planet energetically

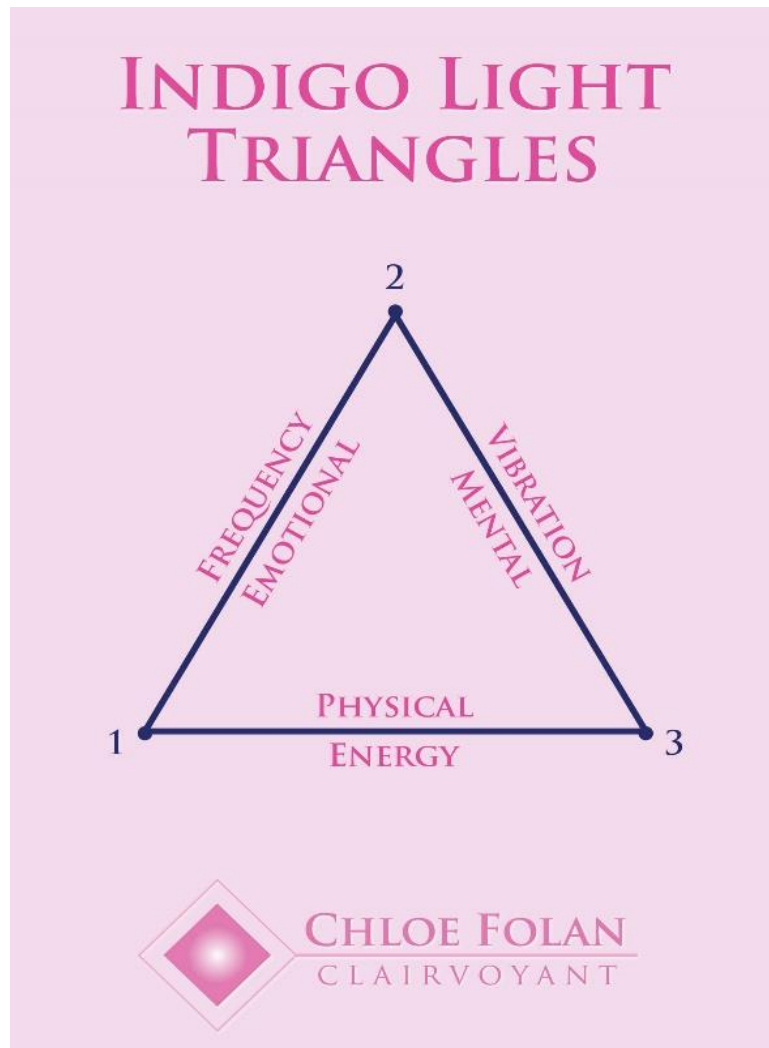
You cannot pour from an empty cup. Learn to receive and, in turn, give in healthy ways, guided by your soul and intuition. The Pink Light Technique helps with this process and with so much more.

It is best to start doing the basic Pink Light Technique by yourself first for a few weeks, to make sure that you will keep it up on a regular basis, daily or weekly. You can then ask two other people to join you at the same time (if possible) and send pink light to each other. Or as this document suggests, if there are two other people you can work with, indigo light would be the other preferred option. Indigo light or color is linked with the indigo ray of love-wisdom and bathes you and others in those qualities and energies.

Once a network of three people has been working together for a couple of months, you can seek to expand the practice by adding two more groups of three and working consistently once a day or once a week.

As most students of this work know, we are nearly at the mid-point of this indigo solar system of triangles. Working in groups of three helps to mirror this three-fold truth and channel indigo-light healing energies and intentions: as above (in the solar system) so below (in earth). This work begins with groups of three linking into the intention of “triangular evolution,” and evolves into groups of nine amplifying that intention and, as a result, achieving a triple-fold infusion of love-wisdom through networks of nine people practising together daily or weekly.

Everything we do influences to varying degrees the physical, emotional, and mental worlds within and around us. This is the law of three and of three-fold return. By invoking and sending indigo light in networks of nine, we are aligning with this law, amplifying the amazing influence of this technique, and radiating it out into the world around us.



Significance of nine meditating together

In their book, *Rainbow Bridge, Phase 1*, the late Josephine and Norman Stevens discuss at length the benefits of meditating together in groups of nine individuals who have all built the central channel and are free of external patterns. While it is not always possible to assemble groups of nine, it is important to take inspiration and incentive from this vision. When nine people meditate together, they build soul-to-soul energy lines in triangles and so participate in the sacred geometry of this solar system of triangles. A group of nine people meditating together is also able to access and channel hierarchal energies very successfully.

Managing your own group of three or nine for the Indigo Light Technique

Since it is best for all members of a group of three or nine to work together at the same time, you will need to communicate with other members through text or email, etc., to arrange a mutually suitable time. It can be helpful to work with others who live in the same or a similar time zone.

To summarize suggestions for structure, whether the group consists of three or nine:

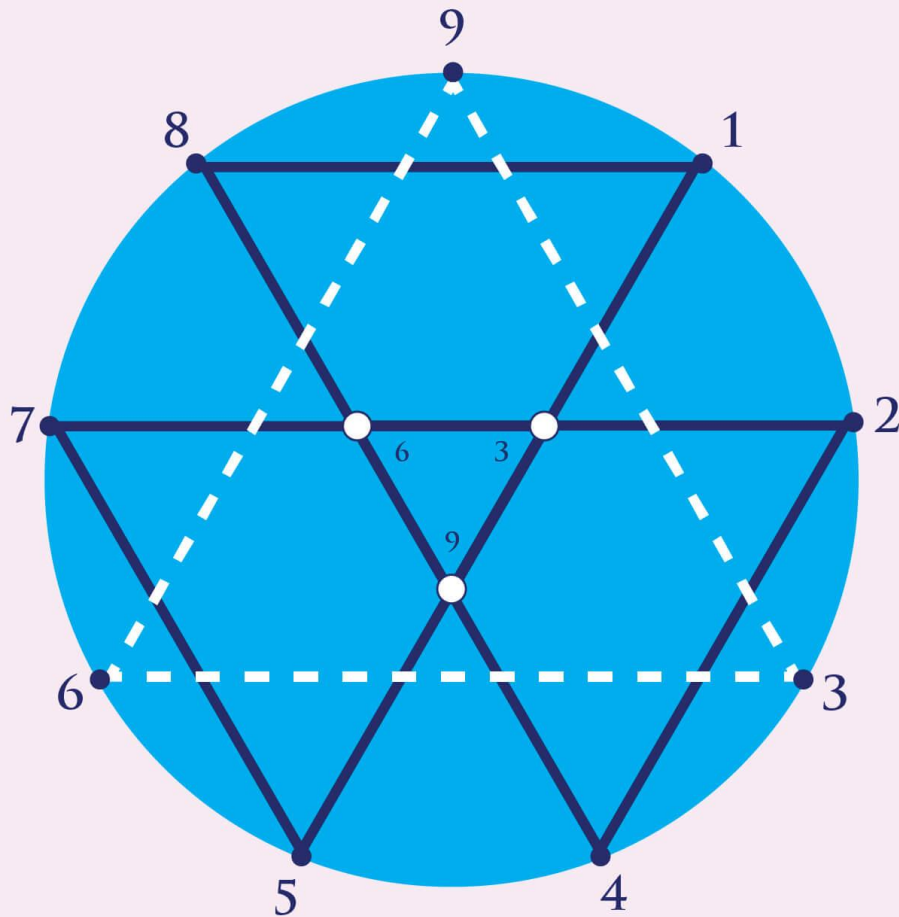
1. It is best for all members of a group to practise the Indigo Light Meditation at the same time. However, if this is not possible, it is ok.
2. The meditation may be done either once a day or once a week. Each group of three or nine can discuss what works best for them and adapt when necessary.

No one should feel pressured to join or stay in a group of three or nine. Members need to agree before they start that, if someone wishes to leave a group, they may do so without being pressured to stay. Such flexibility allows the remaining two or eight members to seek someone else to fill the available place, if the remaining members wish to continue.

I would ask that each group manage itself; however, if you are seeking new members, I might be able to help. Also, you might have questions about the technique. In either case, please feel free to contact me through my website: www.chloefolan.com

INDIGO LIGHT NETWORK NINE

The connection points between 1-5-7-2 and 4-8-1-5 form an inner triangle with an amplified focus point area between 6-3-9.



“AND TREAD THIS WAY THE WAYS OF THE HUMAN FAMILY,
AND KNOW THE WAYS OF GOD,
AND THUS WE STAND”.



Meditation outline to follow for groups of three or nine

1. Sound the Soul Mantra or a different prayer that you feel aligns you with your higher self.

**I am the soul,
I am the light divine,
I am love,
I am will,
I am fixed design.**

2. Link soul to soul with the two or eight others in your group. Project a line of golden soul light from the heart of your soul star chakra to the soul stars of your other group members.
3. Say, **“In the wisdom of the soul, I invoke a ball of indigo light to surround and infuse my whole being.”** Pause to feel, see, and know that this is happening. Feel and see the quality of this pink light surrounding you.
4. Then say, **“In the wisdom of the soul, I invoke a ball of indigo light to surround and infuse (the names of the two or eight other people in your group).”** Pause to feel and see this happening.

5. To ground the energies, say **The Affirmation of the Disciple:**

**I am a point of light within a greater light,
I am a strand of loving energy within the stream of love divine,
I am a point of sacrificial fire focused within the fiery will of God,
And thus, I stand.**

**I am a way by which humanity may achieve,
I am a source of strength enabling them to stand,
I am a beam of light shining upon their way,
And thus, I stand.**

**And standing thus revolve,
And tread this way, the way of the human family,
And know the ways of God,
And thus, I stand."**

6. Then say, **"In the wisdom of the soul, I detach with Blessings."** You might like to visualize the Blessings as golden sparks of light. As you say, **"I detach with blessings,"** see or feel golden sparks raining down over you and your other group members. Think to yourself, "I dissolve all psychic ties, telepathic ties, and outgoing healing ties. I dissolve all unhealthy physical, emotional, mental, and spiritual ties. Then say, **"I detach with blessings."**

If you would like to deepen your personal triangle meditation practise, please contact me about the Rainbow Bridge Phase One workshop offerings. The Rainbow Bridge Phase One techniques, are also known as the triangle meditation technique. This technique deeply and beautifully clears and widens the central vertical channel. This is an excellent technique for modern light workers and mystics to learn. Details are here on my website:
<https://www.chloefolan.com/workshops/rainbow-bridge-techniques-phase-one>